# Advanced Officer Course

"To provide knowledge, empowerment, and inspiration through collaboration, consulting, and the delivery of exceptional training programs" -Training Section Mission

December 5-7, 2017

0800-1800 hrs

This course is designed to provide the state park peace officer with evolved law enforcement training in tactics, techniques, and procedures in order to develop and reinforce the mental, emotional, and physical skills necessary to survive and win a deadly force encounter. The course consists of lecture, hands-on/practical skills in tactical medicine, defensive tactics, patrol tactics, and firearms training. This course meets the POST biennial 10-hour requirement for Continuing Professional Training pursuant to POST Regulation 1005(d).

# Topics Include:

- Combat Mindset
- Emotional Survival
- Ground/Control Techniques
- Entry and Building Search Tactics
- Advanced Firearms Range Training and Techniques
- Team Coordination Shooting Drills
- Vehicle Ballistic Demonstration
- Tactical Medicine
- Policy and Legal Review and Application

#### That to Bring:

- A good attitude, and willingness to train
- Shooting gloves are highly recommended
- Suitable eye protection
- Soft body armor and ear protection
- A billed cap
- Lawn/camping chair
- Chest rig and/or load bearing vest for rifle magazines,/if possible
- Full duty belt (baton, OC, radio, etc.)
- Clothing suited to strenuous activity (BDU-type i.e. long pants)
- Clothing for inclement weather

- Water (hydration back pack), sunscreen
- Elbow and knee pads (optional)
- Patrol rifle with sling and at least three 30 round magazines
- · Duty pistol with three magazines
- Note taking material
- 500 rounds of .223 ammunition (no AP, or tracer rounds)
- 250 rounds of .40 caliber ammunition
- Issued tactical tourniquet
- Medical bags
- Rash guard or long-sleeved shirt
- Sweatpants and mat shoes or socks

"Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit."

- Aristotle

Meals: Bring a bag lunch to training.

Training Site: Camp San Luis Obispo (Camp SLO).

Attire: Tue-professional business attire.

Wed/Thu groups will be split to each group below.

-Range Group: Full field uniform with range safety gear.

-DT Group: Rash guard/long sleeve shirt, sweats, mat shoes or socks.

Weapons: long guns will be secured at the armory at Camp SLO.

Lodging: Reserve lodging using Concur.

Expense Claims: This is a DPR training and therefore will be paid for by the Training Section using a Travel Expense Claim (TEC) for meals, lodging and incidentals. Coding information will be provided at the training site. Contact Jessica Kohls (Jessica.Kohls@parks.ca.gov) for Travel Advance requests.

Additional Info: This course has a short turn around from advertisement to start date due to changes in command at the National Guard base and contracts with DPR. Updated information will be forthcoming including arrival logistics, bases passes, weapons storage procedures, etc.

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- "This training gave me hope. In the field we carry a lot of weight everyday. Our job is to protect our partners, the public and the park. It is healthy to be reminded that we are not alone out there. Trainings like this allows us to communicate and meet officers working the same job in other places, provides us with a sense of community that is often lacking in this department. This training was a great reminder that we are not alone out there. That is extremely refreshing."
- "The people who put on the training are so professional and so highly skilled that it raised my expectations of myself."
- "I was nervous attending the training. Though it was a tough couple of days, It motivated me to "Get with it" and I was on the treadmill before my shift the next day."
- "I felt like the training definitely gave me new skills, refreshed old ones, and challenged me in several areas."
- "It definitely positively impacted my mindset, and gave me more confidence in dealing with critical incidents."
- "I had not been trained in using the combat tourniquet or administering narcan. I found both to be extremely helpful, and hope the administration of narcan makes it down to the field level to be practiced regularly. I also found the machine that measures CPR effectiveness very helpful as well."
- "Hearing her story was powerful. Not only was it amazing, it really
  demonstrated the importance of having that winning mindset. Should I
  ever find myself in that situation (God forbid), this is one more example that
  I can draw from to help give me strength."
- "This was genuinely the best department-sponsored training I have attended in years. I would go again voluntarily."
- "More challenging than regular training days, as it should be. Course did well at picking topics that are useful and challenging."
- "Combining the skills learned on day one from the medical block into the firearms portion drove the training home and gave me confidence of real world application."

Post-Training Survey Question: Do you feel more confident to deal with a deadly force encounter, use of force encounter, and rendering tactical emergency care as a direct result of this training?

Answer: 98% of respondents answered "YES"



estimonials from the May '16 AOC



# Frequently Asked Questions

#### What are the course dates and times?

The course is scheduled from 0800-1800 each day, Tuesday-Thursday, December 5-7, 2017.

### Will we go the whole day, each day?

Each day is scheduled to go until 1800, however, it will likely end between 1700-1800, once the material has been delivered, demonstrated and debriefed.

### Where is the training site?

Camp San Luis Obispo (Camp SLO), 10 Sonoma Ave, San Luis Obispo, CA 93405. The classroom is Building 800 for day one. The combatives facility for ground control is Building 819. The "Charlie" range is located on Range Road. Maps are attached.

# How do I get access on the base?

If in a state vehicle, then your peace officer ID and your CDL is sufficient. If you are in a rented or personal vehicle, then your CDL, current proof of vehicle registration and insurance. If these are not in order, you will be denied entry onto the base. If you are carpooling, then each adult must present a valid CDL. If you are in a rented vehicle the your CDL and a copy of the rental agreement is required.

#### Why are you doing this training?

Advanced Officer Course was provided to all peace officers for a number of years, but ceased in 2002. After a 15-year hiatus it was lobbied for, and received support to bring it back as a way to bring peace officers throughout the state together, increase knowledge/skills in the field and meet POST training requirements.

#### Will I receive POST credit?

Yes. This is a POST-certified course. You will receive 30 hours of credit towards the 10-hour minimum for the Continuing Professional Training (CPT) requirement needed from 1/1/2017-12/31/2018. This is not a basic perishable skills program (PSP) training, so you will still need to complete PSP training locally.

#### How much time can I miss?

The POST requirement will be strictly enforced, which is 10% of the class. Therefore, you can miss 3 hours total. This course is designed for you and missing any part of the training will diminish training.

#### How do I check-in my long guns?

Please only bring your patrol rifle to training. You will check in the patrol rifle with DPR staff at the on-base armory located at: Building 835 between 1800-2200 hrs on Monday, December 4<sup>th</sup>. They will be checked out during training evolutions and returned between 0700-0800, during the lunch break and after training on Thursday, December 7<sup>th</sup>, and between 0800-0900 on Friday, December 8<sup>th</sup>. Absolutely no weapons will be stored after 0900 on Friday, December 8<sup>th</sup>.



#### What do I wear?

On Tuesday, December 5<sup>th</sup>, we will be indoors all day. Professional business attire is appropriate (no tank tops, t-shirts, open-toed shoes, etc.). Wednesday and Thursday, December 6<sup>th</sup> and 7<sup>th</sup> will be based on your group assignment. For ground control, it will be a long sleeved shirt or rash guard, sweatpants, and mat shoes or socks. For range, it will be your full field uniform with range safety gear, as required by policy. Bring any DPR-assigned external vest carriers you want to train with.

#### What other equipment do I need to bring?

Throughout the program, please have notetaking material, water, good attitude and willingness to train. For Tuesday, December 5<sup>th</sup>, bring a tactical tourniquet (if issued) and a med pack (optional). For ground control bring a long-sleeved shirt/rash guard, sweatpants and mat shoes or socks. For range, bring a billed hat, full duty belt, eye/ear protection, soft body armor, shooting gloves and elbow/knee pads (optional, but recommended), tactical tourniquet (if issued), patrol rifle with sling and at least three 30-round magazines, duty pistol with three magazines, 500 rounds of .223 ammunition (no AP or tracer rounds), 250 rounds of .40 caliber ammunition, lawn chair (optional), DPR-issued external vest carrier (if issued), and inclement weather clothing.

#### How will lunch be accommodated?

There's two options for lunch, 1) bring a bag lunch or 2) buy lunch on base at the dining facility. There will not be time to exit the base for lunch. The dining facility is open 1130-1300 with lunches costing \$8. On base breakfast is from 0600-0730 for \$7 and dinner from 1700-1830 for \$8, if desired. The dining facility menu is located here:

http://www.calguard.ca.gov/CSLO/PublishingImages/Pages/CSLO-Dining-Facility/Military%20Menu%202017.pdf

## How do I make lodging arrangements?

All lodging will be completed using Concur on an individual basis. On base lodging is not provided for this training. Travel expenses can be submitted after training for reimbursement. The approved hotel rate for San Luis Obispo county is \$90/night before taxes, surcharges and fees.

# Where's some good places to eat dinner at?

San Luis Obispo has some great restaurants that are within the per diem allowances. I have a couple favorites, but ask around once you're here or check it out online.

#### What does the Training Section cover?

The Training Section will cover expenses for lodging the night of Monday, December 4<sup>th</sup> through check-out on Thursday, December 7<sup>th</sup>. For those needing additional time, the Training Section will also pay for one additional night and a Friday, December 8<sup>th</sup> check-out. Besides lodging, the Training Section will pay for meals and incidentals (as applicable). If you need a travel advance, use your district's index, the PCA assigned for this training which is 14001, and project code of 067LET00. Overtime, ammunition, and other travel expenses are the responsibility of the district. The Training Section will also be issuing tactical tourniquets and will replace any equipment used during the tactical medicine training evolution.

#### How was I pre-selected?

Each district, generally located in Southern California had staff pre-selected. A list of peace officer and peace officer supervisors, was created for each of the districts then sorted alphabetically in each classification. The top half of each sorted group alphabetically was pre-selected with preference given to those needing CPT hours. From there a roster was created. Subsequently, districts updated their lists to take into account vacation, sick leave, time off, retirements, transfers, operational needs, etc. and the list was updated.

#### When will the course be offered again?

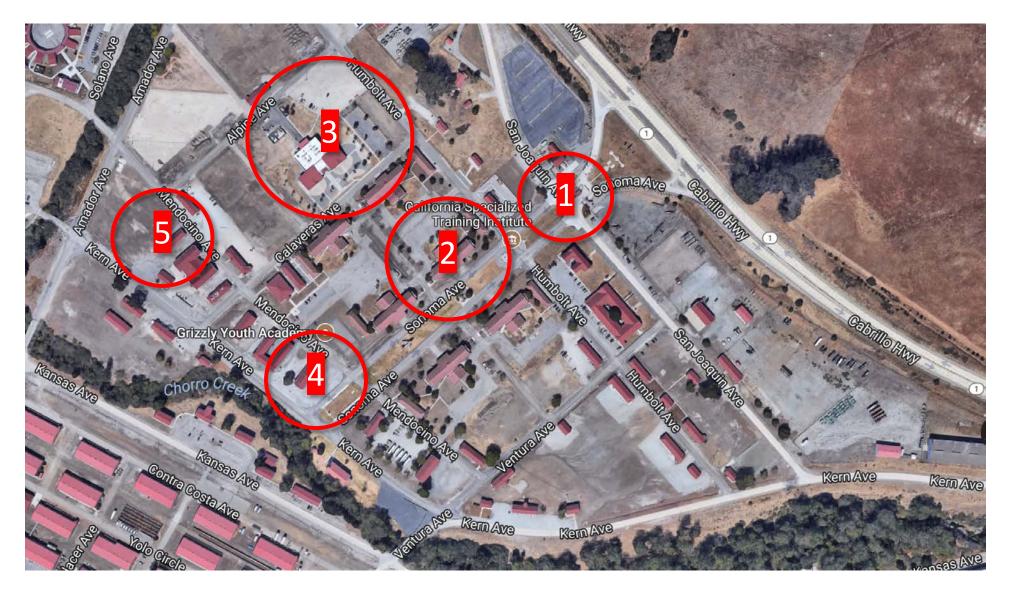
It is anticipated to be offered in Northern California in May then again in Southern/Central California at the approximate time next year, budget and management pending. It is hoped that in a two-year period a majority of peace officers in the field will have the opportunity to attend this training. Exact dates will be determined in the future.

# Can I take pictures during training?

Yes, if it does not interfere with the training evolution. Posting material to social media must follow department policy. An instructor, safety officer, or officer-in-charge may prohibit pictures at any time based on safety concerns, confidentiality issues, or military base security requirements. Pictures of the checkpoint/access area is prohibited.

# Something happened on the way to training, or I need to contact someone. Who do I contact?

Superintendent Jason Smith is the designated Officer-in-Charge (Incident Commander) for the 3-day training program and can be reached at <u>Jason.Smith@parks.ca.gov</u> or cell/text 916.628.8121. Each training site will also have an officer-in-charge (program lead) along with safety officers.



1-Entrance/Guard Post 2-Armory (Bldg 835) 3-Dining Facility (Bldg 854) 4-Classroom (Bldg 800) 5-Combatives Room (Bldg 819)

